

EnListen



Now available at SBJA Learning Lab

*Before we speak, read, write, sing, and think,
we learn to listen*

What is Enlisten? EnListen is a sound training program played through specialized headphones that enhances **targeted areas of the brain by stimulating growth and activation of unused and underutilized neural pathways.**

Why Listening Matters: Listening is much more than a mechanical function provided by our ears. While *hearing* is the passive reception of sound, **listening is the active acknowledgement, distinction, and organization of sound information.** It is the active ability to discriminate between sounds, locate sounds in 3-dimensional space, tune sounds in and out from our environment, sequence and organize sounds, and comprehend their meaning. Listening is **the foundation for developing all language and learning abilities** and is **necessary for conveying our thoughts and feelings** to others. Enlisten programs train these skills and more!

Enlisten Customized programs can improve **listening, communication, language skills, balance, coordination, self-awareness, focus, voice quality and speech fluency, memory** and more!

My 6th grade son has always struggled with remaining focused in his school and other everyday activities. He recently completed the first half of the Enlisten program. While initially challenging to get through, he commented that after several days he began to actually enjoy the time spent listening. He also remarked that school seemed more fun, his concentration was better, that he had "the best day at school ever", and that he felt happier and less depressed. Wow! All that and the honor roll, too?? Double Wow!

Benefits of Enlisten sound training include Improvements in:

- **Speech and language skills**
- **Motor coordination & athletic skills**
- **Social and communication skills**
- **Learning and academic skills**
- **Concentration and organization of information**
- **Improved relationships and self-esteem**
- **Stamina**
- **Relaxation**
- **Singing and musical performance**
- **Learning to read**
- **Learning a second language & accent reduction**

For more information please visit: www.Enlisten.com